

LAMBDA

Laurentian University's Student Newspaper

Le journal étudiant de l'University Laurentienne

Volume 40 - Issue 2 / Numero 2

We Want the Funk
Give Up the Funk
We Need the Funk
We Gotta Have the Funk

- Parliament

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Kicking Balls With the Lady Vees Since 1961

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Students Surprised by Parking Fee Increases

by Matt Kent
staff writer

As students returned to campus this year there were quite a few surprises that popped up, but none was more of a shock than the newly increased parking fees for all lots on campus. With no warning students who had budgeted the usual amount of money to park their vehicles on campus were not only shocked, but many were appalled at what many said to be an 'astronomical increase'.

As of September of this year, fees for reserved and general parking have almost doubled. Immediately upon hearing about the new fees students began raising questions about the necessity and the purpose for the new fees.

As most of you are aware, especially those with vehicles who drive in from off-campus on a daily basis, the parking lots here at Laurentian are anything but picturesque. Finally addressing the situation of the sub-par parking lots, a group of representatives met last June to assess the parking lot situation. The groups represented were the SGA, LUFA, LUSU, Security, ALPS, Laurentian Faculty, LUAPSA, and Feds.

The group of representatives decided that the parking lots had to be upgraded as soon as possible. The only problem is that the only way they could afford this total renovation was by increasing parking fees for not only students, but also administration.

In the past, the parking fees here at Laurentian have been the lowest of any post-secondary institution in Ontario. Just for comparison: The University of Toronto charges \$72.10 per month for general parking and \$120.45 for restricted. These figures almost matched Laurentian's figures for yearly parking. Laurentian currently charges \$10.41 for general and



As it Stands Now, The Pit is the Most Notorious of Parking Lots

\$20.83 for restricted, per month.

The original plan had been to increase the fees gradually over a three or four year period, raising the fees by approximately 20% per year. The committee discussed this, but felt it better to simply increase it in one big hike and get it over with. The committee and the school felt that this was the best way to go about the increase. According to the committee students & staff can be assured that there will be no more discussion of increases until September 2004. It is at that time the fee structure will be reviewed to consider inflation costs.

Now to answer the question of just what kind of improvements this increase will be paying for, Lambda would like to stress that the improvements you have been seeing around campus (paving, landscaping) are not connected to the parking fees. The profit earned from the sale of parking passes is funneled directly back into the maintenance and improvements of the parking lots.

The greatest improvement to be made will be increased safety and

security for the parking lots. Lot 15, lovingly known through campus as The Pit, will have new lighting fixtures installed, and more security cameras. This lot is not the favorite of most students to travel to after dark, and hopefully the new improvements will make it a safer environment as well as making the students feel more at ease walking to their car at anytime of the day or night.

A plan has been set in motion by Security and Parking called "The Five-Year Parking Plan". This plan outlines all the improvements, upgrades and ideas that are planned for every parking structure at Laurentian. A copy can be obtained from the Security and Parking Dept.

Due to the length of the plan, Lambda cannot print the entire plan, but a small excerpt should help validate the increase as well as show you that there are many plans in effect.

Renovations for Lot 1 (Fraiser Parking Lot)

- Upgrades to the existing granular base
- Placement of asphalt to entire 1.12

hectare gravel parking lot
- Improvements to existing landscaped areas (may include low shrubbery and installation of irrigation system)

Estimated asphalt cost: \$140,000
- Landscaping cost: \$30,000

The overall expected cost is for the entire 5 Year renovation plan is \$870,000.

So as you see, this is a major undertaking which will greatly improve not only the appearance of Laurentian, but will also help students and staff feel safer when leaving night classes. "People see the lots as second rate and we don't want that. The students are number one," said Larry Denomme, Chief of Laurentian Security. He went on to apologize for not advertising the increase better than they did as a number of delays prevented them from sending notices out with the registration packages. If you have any further questions they can be directed to Larry Denomme at 675-4882. Laurentian is a fine school and it deserves parking it can be proud of.

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Molson Providing Inagural Funding for Frontier College Literacy Program at Laurentian University

Sudbury, ON. September 18, 2001: To help start the 2001/2002 school year at Laurentian University Molson Sales Representative Steve McNeil was on hand to present a \$12,000 cheque from the Molson Donations Fund (MDF) to Frontier College in support of the group's efforts to launch their highly successful Students for Literacy Program at the university.

The program recruits, trains and supervises university students as volunteer tutors for adults, children and teens living in local communities who need help with reading, writing and math. Tutoring is offered on a one-to-one basis, through homework clubs at local community sites and through reading circles with young children.

In the first year of the Students for Literacy Program at Laurentian University, volunteer efforts will focus on providing one-on-one tutoring to high-needs children within the Sudbury area, and on raising awareness of literacy as both a regional and national issue.

"Frontier College is proud to have Molson as a partner in launching our program in the Sudbury area and on building our Canada-wide movement of literacy volunteers at every university in the country," explains John O'Leary, President, Frontier College. "Molson was the first corporate partner with Frontier on this project and has donated over \$60,000 to the program in Ontario since 1993."

The Molson Donations Fund (MDF) and Frontier College have



l-r Steve McNeil (Molson Canada), Lorna Bonia (Frontier College), & Tannys Laughren (SGA).

worked together for many years and the MDF has been providing assistance for the Students for Literacy Program as part of a larger commitment to fund post secondary education programs and literacy initiatives in communities across Ontario.

"Over the past eight years we have witnessed how successful the Students for Literacy Program is in assisting local communities," explains Steve McNeil, Molson Sales Representative. "We are proud to help launch this program at Laurentian University, as it is part of the Molson tradition to give back to communities in which we do business."

Frontier College was

founded in 1899 and is Canada's oldest literacy organization on a national and regional level. The Students for Literacy Program has chapters at 50 postsecondary institutions across Canada that work with community-based educational initiatives, by training student volunteers to educate adults, youth and children.

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Laurentian University Historian is a Finalist for a Provincial Award

LU Press Release

Dr. Gaetan Gervais, history professor at Laurentian University, is among the five finalists for the Christine-Dumitriu-VanSaanen Award. Dr. Gervais qualified as a finalist for his publication of *Les jumelles Dionne et l'Ontario français (1934-1944)* (The Dionne Quintuplets and French Ontario, 1934-1944). Native of the Sudbury area, this professor has dedicated his research to the history of French Ontario.

Although the Dionne quintuplets are the best known Franco-Ontarians in history, up until now, no French-Canadian researcher had studied their history. In this book, published by Sudbury's *Prise de parole*, Dr. Gaetan Gervais examines the years of government guardianship, from 1934 to 1944, established to prevent a possible exploitation of

the quintuplets by their parents. Ironically, this guardianship allowed the establishment of a vast commercial enterprise that greatly benefitted the Ontario government as well as Dr. Allan Roy Dafoe, the doctor of the quintuplets.

In *Les jumelles Dionne et l'Ontario français*, Dr. Gervais writes that the fight by the Association canadienne-française d'éducation d'Ontario (French-Canadian Education Association of Ontario), at the request of the parents, Elzire and Ovila Dionne, constitutes in reality one of several battles undertaken by FrancoOntarians to obtain the control of French-language and catholic education in their province. The author also questions whether measures as dramatic as guardianship, which had never been adopted elsewhere in Canada, would have been taken if the

family had been English-Canadian and protestant.

Les jumelles Dionne et l'Ontario français (1934-1944) offers new insight in a major event of the history of FrancoOntarians and fills a void in the historiography. It can be purchased in Sudbury at the Laurentian University Bookstore, Editions *Prise de parole*, and Black Cat Too. It sells for \$25.

The winner of the Christine-Dumitriu-Van-Saanen Award will be announced on Oct. 11, at the 9111 Salon du livre de Toronto (Toronto French-language book fair). This award recognizes the work of French-language authors that have an impact on the Franco-Ontarian community. Valued at \$5,000, the award is supported by the Quebec Government and the Salon du livre de Toronto.

News Briefs

Laurentian Historian Finalist for Provincial Award

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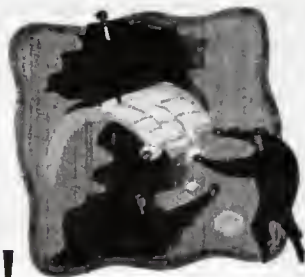
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Lambda Publications is the weekly student newspaper of, by and for the students of Laurentian University. Lambda is funded through a direct student levy by the members of the Student's General Association, yet remains autonomous from all university organizations, both student and administrative.

SCE 301 Student Centre
Laurentian University
Sudbury, ON, P3E 2C6
(705) 673-6548
Fax: (705) 675-4849
Email:
lambdapub@hotmail.com

EDITOR'S CORNER

Have a Little Decency...

by Mat Thompson
Editor in chief

I have been one full week since the horrific events that took place in both Washington and New York and I am sick of it. I have actually gotten to the point that I will turn off any station that is playing anything to do with the attacks. It's not that I am ignoring what happened or that I don't think that it should be covered, but it's the fact that I do not need to see the buildings falling anymore.

The first few times I watched the buildings get hit and collapse I was fine. Myself, like many others have become so desensitized to violent acts on television that it took a day or so to sink in what I was really seeing.

The first few times the plane hit I was amazed and horrified at the same time. It looked so much like a Die Hard movie that I really couldn't grasp the fact that there were actual people, not stunt dummies on the planes. I have seen so many planes crash and buildings

implode that it is hard to separate what you have already seen from what you are seeing now. It was the families and statistics on television that really hit home.

It is so hard to picture the people within the building and within the planes. I still have a hard time picturing the reactions and apparent deaths of thousands of innocent people. Many of the stories told by family members is what really made the reality strike me. People called their loved ones from the planes to tell them what was happening, co-workers in tears searching for survivors from their floors, and stories of rescue workers, including a preacher, who worked for one of the fire and rescue stations sent to the scene, who was tending to the wounded and giving last rights to the dying and was struck and killed by a body from one of the higher floors. This is the reality... so why do we need to see it replayed more times than a winning home run in the World Series?

I do not want to see thousands of people dying in slow motion, stop motion, multi-angle, or even high

definition. When a news anchor says "Let's see the plane crash again", what he is really saying is "Let's watch the destruction of thousands of lives and families while workers and travellers die a horrible death right here in the comfort of your own home." It disgusts me. If I had children (no court order has proven it so far) I would not let them watch TV because they do not need to see mass murder every 5 seconds.

My other problem is how some news groups handled this story. The Toronto Sun, sure not one of the best papers around, decided to place a picture on the cover which showed a close-up of the hole in the second tower with flames, destruction and actual people trying to escape with a one word headline which read "BASTARDS!" What the hell kind of journalism is that. Even I had the decency to find a picture that showed the devastation, but in a more tasteful manner. I don't need to show bodies jumping and falling to shock readers. The media plays on the fears and blood-lust of their readership in a time like this and I am glad I did the

tasteful thing instead.

There is also a website (that I will not name) that has actual film and photographic scenes of jumpers from the World Trade Centre not only jumping from over 100 stories, but they also show the aftermath of them hitting the cement, cars and other people. Now why would someone want to see that? I will never visit that site again out of protest that they are glorifying the violence and murder that took place.

The world needs to remember the people who died in this tragedy as the workers, travellers and rescue teams that were all going about their day as usual until a bunch of psychopaths decided to make a statement through cold blooded murder. Remember the people and hopefully you can forget the horrible image of the planes crashing, or the people jumping. There is a line of decency that Lambda has always stood on the edge of, but it was the real news; The Toronto Sun, CNN and others who have crossed that line and made me sick...

SPACE FOR RANT ... Letters to the Editor

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Volume 40
Issue 2 / Numéro 2



Cover Photo by:
Shannon Foster

Write to Us, But Remember...

All submissions become the property of Lambda Publications and thus will be subject to editing. Letters submitted must bear the author's full name and student number. Letters will not even be considered without this information, but names will be withheld upon request. Letters must be no longer than 250 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexist or for length. Letters of a harassing or slanderous manner will be dealt with by the proper authorities.

Lambda

Dear Lambda,

I am writing about the article published last week by Bryson McCarthy titled Get in the Ring. How could you publish crap like that? This supposed writer went on about how the US was to blame for the attack on the World Trade Centre and the Pentagon when if he even turned the news on at all he would know that it was a group of Islamic terrorists and not the US. I thought you guys had at least a little bit of sense to edit out an article that was completely untrue and tasteless in the time of such tragedy. Maybe next time Bryson and the Lambda staff should check their facts before running off at the mouth.

Name Withheld Upon Request

Editor's Response: We have more sense than you think. If you would look at the date on the paper Lambda came out on Thursday morning. Now I don't know how much you know about the world of publishing, but Lambda does not just magically appear on Thursdays. The paper goes to the press at least 24 hours before being put on the stands. Just like the article that was published about the attacks, the information was what we knew of as of our press time; Tuesday nights. For all we knew at the point we went to press was that someone attacked those buildings and unlike many others Bryson came up with his own idea on who could be to blame. I think he did a great job of being one of the only people to not jump all over a certain group without any facts.

Bryson's Response: (edited out due to extreme amounts of profanity)

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Opinion

To The "Chicks" at Laurentian University

by Chris Dyck
contributor

"Anyone can be in a serious relationship, if they don't have standards"
-My mom

I just had to get your attention with the title, because I know for a fact that most people just scan the titles of the articles and don't even bother reading the article that someone has worked so hard to write. So, no offence for using the word "chicks." Also, by writing this letter, I am by no means writing it because I want to get a date with a female, and I am not writing this for "brownie points." To be perfectly blunt, I am not writing this just so I can get some action. HONESTLY!! I am writing this article because I am sick of seeing girls being treated unfairly by guys, and I think something needs to be done about it. I am not blaming it all on the guys. I know, in many situations, the girls act so fake that they shouldn't be surprised when a guy treats them like shit. Here is my philosophy on the "girls and guys" situation in today's society. I am by no means an expert in this situation, so you don't have to take what I am saying to heart, it's your call.

I am sick of watching guys treat girls like shit. They supposedly care about the person but instead, I see guys embarrassing their girlfriends in front of others, controlling who they talk to or hang out with guilt trips, sharing their sexual tales with the guys or just plain treated the female like a piece of meat. Does any of this sound familiar to the female population? I am sure you have seen some of this stuff around. What do you think about it? Is there anything wrong with this?

Why do you think that guys

treat you this way? Is it your fault? Maybe partially. The girls who walk around the bar all over different guys disgust me. They just want the attention from guy, but do not really care about any of the guys. They just want the image of being "popular." Wake up! Every single person in the bar is judging you and will come to some sort of conclusion on what kind of girl you are. And once guys get the idea that you are that "type of girl" they will automatically treat you like one. They will totally lose all respect for you. To those girls: Why in the hell do you act that way? Does it make you feel good to feel wanted by four different guys? Personally, I would rather be alone, then to have someone who is synthetic and doesn't really care about me. Maybe it isn't their fault. There is a possibility that these girls act this way because of an incident in their past that has scared them off from relationships. Maybe they got severely hurt by a past boyfriend, and now they are afraid of commitment due to a possible future rejection. Does this make sense at all?

I think a girl who stays with a guy who treats them like shit has had their confidence crushed too many times and is now believes that they cannot find anyone better. They might also be afraid of being without the person, because they have been with the person long enough that they do not know who they are without their partner. Stand up for yourself and stop letting him walk all over you. There is someone out there that will undoubtedly treat you how you deserve to be treated.

Here is what I suggest. Stop putting up with the bullshit those guys puts you through. Don't waste your time and energy on someone who does not truly care about you.

While you are wasting your time with him, you may be losing out on the opportunity to meet someone better just because you are tied down. Have confidence in yourself and the qualities that you possess. My philosophy is when you put yourself on the limb, on the edge; you will find something truly special.

Those of you who are touched by this article, I suggest you take a serious look at your current relationship. Ask yourself the following questions; "What do I really have in common with the person?" "Does he really make me feel special?" "Is he worth giving up your 'single status'?" Think about it. Maybe the "great" guys are not the ones who dress up fancy and try to look good to obviously impress others. In my opinion, they are the ones who are superficial and do not know how to treat someone like a lady. In my opinion, girls just pick those guys just to have the image of going out with a guy who is "hot." That is bullshit as well. Talk about picking the wrong characteristics in a guy. And those of you who do that, no wonder you get treated like an object. What do you expect?

I am not going to tell you where you can find these "nice guys", but I can tell you is this. I know they are out there, you just have to find them! It may be hard, but you just have to have faith. But in order to find a "great guy" you have to know what qualities you are looking for. You have to know what you want!

**Authors note: I feel very selfish by writing this article about relationships while people in New York have been killed by the terrorists. Talking about that kind of stuff when there is a potential war starting is very selfish, but I just had to get this off my chest before it is too late.*

The opinions expressed in this section are the sole thoughts, views and opinions of the writers and do not reflect the views and opinions of Lambda Publications and Lambda Publications' Staff Members.

A Job For Elvis, JFK and The Duke

by Kazak@dustybud.com
contributor

I hid in at the end of the bar this week-end. I watched as stocks plummeted and markets teetered on the edge of collapse. Governments threw money around quite liberally in order to maintain some sort of stability and keep their own pockets lined. Lending rates changed and I thought I had Lowenberg convinced that my tab should be forgiven for the sake of our faltering economy. No such luck.

While sequestered at the end of the bar I took the liberty to listen to the endless drone of drunken politics occurring night in and night out. I held my tongue. Some people pissed me off, while others scared me because I saw truth in what they had to say. All the while I played the role of the jester. A week-end of nonsense folks.

I must admit, I love the passion with what you all speak. I missed that passion. I wonder if I can ever get that back. Maybe if the Bruins make it to the Stanley cup soon I may be able to, but for now I must live vicariously through those who get all emotional about "the next step".

It makes me realize just how similar these warring cultures are. Each culture so passionately believes they are right. They stick to their beliefs strongly and even stronger when faced with the possibility they may be wrong. The irony chills me to the bone. Time for stronger drink.

The Americans, if anything seem to be faltering. Give me liberty or give me death. That is the saying right? When then do the Americans so liberally give away their liberties? John Wayne, the world needs you.

That passion again. I hear it bouncing off the walls. People who demand action and by God they get action. The blue collared slob. The tool of democracy. The people who make the U.S the proud nation it is.

I love watching them in action. Auto workers strikes and mining strikes always have that passion, and by God they get what they came for.

The more I see that passion the more I realize we have one choice here. We either step up to the plate and give the world the global rule that could eliminate conflict altogether, or suffer the consequences. The limitation of civil liberties for a little while is meaningless. Upgrading National security is pointless. The problem the Americans face is themselves. A culture that holds the same passion they do and that will never change those beliefs even in the face of a massacre.....that only makes them stronger.

Wake the Duke up. Hell, bring Elvis and JFK for the ladies. Fight like the blue collar men who fought for the freedom you so easily give up. Take it like a man. We can't run and hide because they will find you. Ask Dr Persinger how to change the way of culture that is bred to hate and kill. Maybe this time he will say "fading technique". There are no two ways about it Uncy Sam, if you really want to eliminate terrorism and you really do value freedom as you say you do, it is time to finish what you have started and create global rule. This half-assed attempt to solve the problem will only make the cut worse.

I don't like it anymore than you do, but hell if it makes the world a better place to live in then why not. Maybe by erasing the borders we give ourselves a clean slate to work with. To me it is more viable than any other option. Is the passion still there? You now have time to take stock in your core beliefs.

As the last call sounds I am dimly aware that those with the passion these days lack the courage of those of yesterday. Either way we have very little say about the next move, but hey, that's democracy for you. Hey Belgium, make that two rusty nails... on my tab.

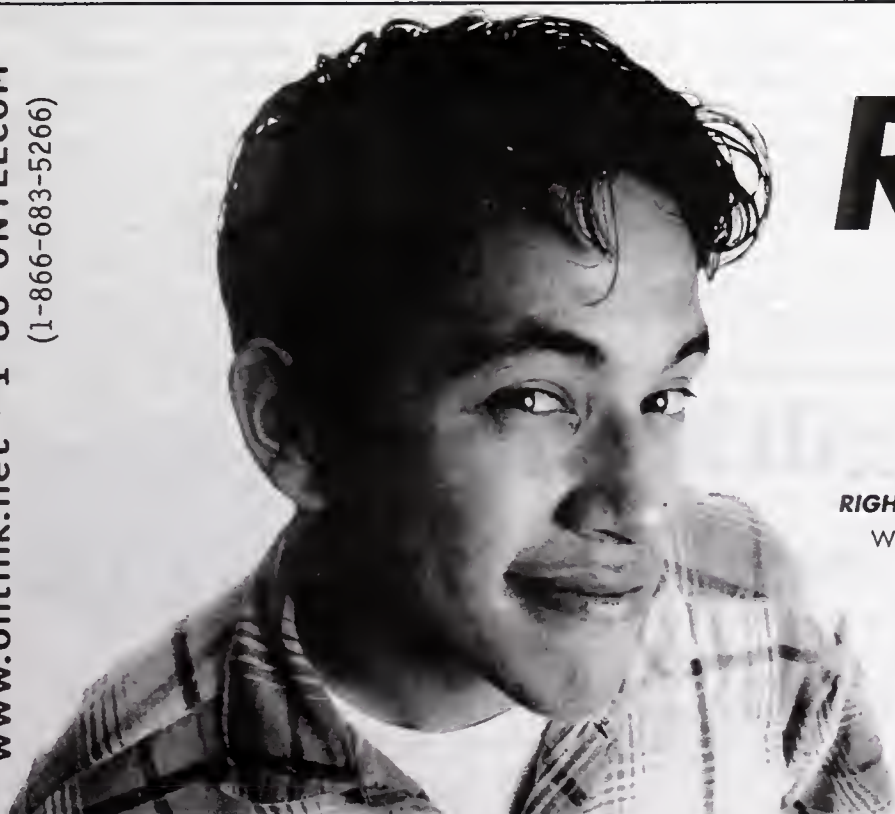
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Photo by Shannon Foster

Toronto Wins 3 of 4 Games at Laurentian

September 15, 2001

Laurentian Voyageurs 2, York Yeomen 1

Despite their upsetting loss against the Carleton Ravens already this season, the Laurentian Voyageurs Men's Soccer team posted a 2-1 win over the York Yeomen. Lawrence Mahoney and Scott Skinner scored for the Voyageurs while the game MVP award was given to strong defensive player Matt Davidson.

Coach Castrechino was very impressed at the great effort put forward by goaltender Steve Brujic who replaced an injured Steve Spano in the first half of the game. Even with this win the Voyageurs are centering on certain improvements that must

be made to make this a successful season.

Lady Vees 1, York Yeowomen 2

On the Laurentian University field the Lady Vees soccer team played a very aggressive and hard fought game against the York Yeowomen, but fell short in the end losing the battle 2-1.

The game was very competitive from start to finish. In the first five minutes of the game, Lady Vee Sarah Taylor scored her second goal of the season. All in all the Lady Vees played a very strong defensive game, utilizing the back line with force. From the back line came the game MVP, veteran Jen Carbone. Jen made a huge contribution in controlling the

back line as much as possible. Coach Gallo was impressed with the way the Vees played.

September 16, 2001

Laurentian Voyageurs 1, Toronto Varsity Blues 3

The Laurentian voyageurs lost a very tough battle against the Toronto Varsity Blues on Sunday. The Blues destroyed the Vees with a score of 3-1. Much of the game was fought with a 1-1 score until the latter portion of the second half, when the Varsity Blues stepped up and netted two more. The lone goal for the Voyageurs was knocked in by Lawrence Mahoney.

Voyageurs veteran Chris Miles lead the defensive line in the game earning him the game MVP ti-

tle. He demonstrated great control and strength against the very aggressive Varsity Blues.

"We are not where we want to be right now," stated Coach Castrechino, "but we will continue building and improving the team". The Voyageurs still have a lot of work to do to return to their past position as contenders in the OUA playoffs.

Lady Vees 1, Varsity Blues 3

The Lady Vees returned to the field on Sunday hoping to show some sort of domination over the Toronto Varsity Blues, but instead lost a hard fought game 3-1.

Early in the game, Deanna Byck scored the lone goal for the Lady Vees which didn't add up to

enough against the strong attack by the Blues. On a better note, the Lady Vees offensive line is improving with every game played. compared to the first two games of the season, the Vees are becoming more aggressive and communicating as a team. Both rookies and veterans are becoming familiar with each other and are working more like a coherent unit.

The MVP of the game was goaltender Taycee McNabb who fought hard against the Blues. On a down side, Jen Delvecchio was injured in the game and had to be carried off the field. As of yet her injury is unknown. With all the drawbacks the Lady Vees know it's time to put in some hard work and take on any challengers that come their way.

**Information recieved from Navada Sargent, Laurentian Sports Info.*



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Sports

Body Bonus

Heather Miklovich
contributor

University can bring a lot of new frustrations to students. One of the most stressful is...no, not standing in line at the registrar or the Pub... it's the Frosh 15 (or as us upper years refer to it...winter weight). Body image is important to many students and gaining a little extra weight can be a very upsetting time. Snacking while studying, ordering late night pizza, eating at 'The Greasy', and frequently spending your grocery money at the Pub will easily add a few pounds to your midsection. The average student requires between 2000 and 3000 kcal a day. These calories are best selected from a variety of low fat, high nutrient foods to maintain proper functioning in the body. Students tend to have a very different diet from the recommendations of the Canada Food Guide.

Alcohol is a macro-nutrient, which means that it does have calories our body needs, but it lacks vitamins and minerals. Calories provide necessary energy for our bodies; however, the 7 kcal (Calories) found in ONE gram of alcohol have no other beneficial nutrients. A one-ounce shot contains around 80-90 kcal. To determine the exact number of calories in your beverage of choice, follow this formula: .8 x proof x # ounces.

After adding all six or seven drinks you may have any given night, you can see your caloric intake

quickly rising. Another point to consider, alcohol slows the absorption of nutrients and stores fat from the post-bar pizza or KD in your adipose tissue. Alcohol also alters your ability to determine whether or not you're actually hungry.

The high fat content of sweets, hamburgers, French fries and pizza greatly contribute to the bulge growing on your belly. Fats have 9 kcal per gram and are easily stored in the body until the time they may be needed. There are different types of fat: saturated, monounsaturated and polyunsaturated. These are essential parts of our diet because some nutrients cannot be absorbed without them; however, overdosing on them is hard on your body, heart and your clothes. I'm not saying to give up fats, just eat them in moderation to prevent weight gain and health problems. Remember that 3500 kcal is equal to one pound of fat.

Overloading on carbohydrates (pasta, bread, cake) can be detrimental to your body shape as well (unless you are training and on a specific high carb. diet). The sugars and starches found in these foods collect and get stored as fat if they are not used. Students tend to not eat enough vegetables or fruits either. This may be because your mom tortured you with them and now you refuse to eat broccoli, or it could be because we are starving students who cannot afford the expense of fruits over the

winter. Either way, it's important for our bodies to somehow get vegetables and fruits for essential nutrients.

Now that you've heard how bad the student diet is, I'll share some good news with you. There are thousands of ways to prevent that beer, ice cream, and fried egg sandwich from going to your hips/waist. It's very easy to counteract the evil extra calories; all you need is a better diet and a little exercise! Try eating less high fat foods, and more veggies and grains. Exercise will definitely prevent the fat build up and give tonnes of other health benefits as well. It will lower risk of cardiovascular disease, decrease susceptibility to colds, and increase your energy level.

Laurentian offers many opportunities to get active on campus. Join intramurals (basketball is just starting), walk the trails behind the track, go for a swim at Nepawan beach, work out in rez, follow a fitness video with a friend, or come over the PHED building. The phys. Ed. Building really isn't as scary as it may seem; there's lots of activities to try including; pool, cardio room, weight room, the gym and bouldering room. The best part...it's free for students. If you are unsure about the equipment or programs offered ask around and someone should help you. Most importantly, get active to avoid the Frosh 15 from attacking you.

My Be-Leafs

by Ray McGregor
contributor

Another year has begun, it's getting colder and we are all dragging our asses back to class. That can mean only one thing; The NHL regular season will be starting up very soon. Another season for all of us Toronto Maple Leaf fans to hold our heads high for the first half of the season then watch the team take a quick leave of absence from the playoffs in order to work out the kinks in their golf swing. The fact that the Leafs haven't won a Stanley Cup in quite some time is hard enough to swallow for the true die hard like myself.

This year however, there is something a little harder for me to take within the Leafs organization. If you ask anyone who watched the leafs at all in the last few seasons they will more than likely say that the only reason Toronto made it to the playoffs is because of one player, Curtis Joseph. Cujo has been a great asset to the Leafs since his debut, however I think that he has been over looked in many ways. The last few years the Vezina Trophy has gone to a goalie who in my opinion did not deserve it. Last season Cujo was not even nominated. Of course I'm not saying that Dominic Hasek and other past winners didn't deserve recognition for their efforts in the crease but Joseph has taken a team that plays very weak in the regular season and manages to come up with huge saves and either help the Leafs win or keep

them from being humiliated dramatically by their opposition. Night after night it seems as though Cujo is one of, if not the only player to come out and bring his whole game. Mats Sundin has not done a whole lot on ice over the past few seasons, yet he gets recognition and signs a 45 million dollar contract because he wants to retire in Toronto. How can an organization spend so much money on a player who seems to be getting worse on ice and offer nothing to Joseph even though he is the heart and soul of the team.

I for one think that athletes are severely over paid and Mats Sundin is no exception. The way contracts are going today, major sports teams have to shell out the millions of dollars for players in order to keep a winning team and compete. The leafs spent money this summer making a few new acquisitions by signing Alexander Mogilny, Mikael Renberg, Robert Reichel and Travis Green. Of course the Leafs let a bit of paycheck weight go when they got rid of Sergei Berezin, Yanic Perreault and Igor Korolev, but the problem I have is that they paid Sundin far too much money. If the leafs don't give Joseph what he deserves, they will lose him at the end of this season when his current contract expires. There has been talk that this is a scare tactic that the Leafs are using in order to have Joseph give his all for the remainder of his contract in order to prove to

the NHL that he is worthy of signing once again. Other teams will show interest in him and he may end up making more money. A phoneminal Joseph would be a good contribution to any team, and there are teams out there with enough financial security to sign him for a good chunk of change. The problem I have with this is if Toronto waits too long, Joseph may leave regardless of how much money the organization offers him.

At this point in the season it is very hard to tell what could happen, hell the Leafs may even be a real contender this season. The only thing anyone can be sure of is that Joseph will be there to play every game the way he can. The Leafs management should take a real close look and maybe even think a little harder when they begin to throw money around carelessly. Sundin is not worth 45 million for the way he has been playing. I for one do not know what goes on in the dressing room so I cannot accurately state how effective his leadership skills are, however in my opinion, there are many veterans on the team that could assume the leadership role. If the Leafs have to spend a large quantity on one or two players, Joseph should be considered first in line. If Sundin is such a valuable asset to the team, there should be a clause in his contract stating that if he produces some high numbers, his salary will do the same.

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Arts & Entertainment

Poetry Corner

While the World Looks Helplessly On

Why do we try,
To make people die?
The blood cries out,
As the shards whiz by,
And a billowing cloud
Makes a dome in the sky,
While the world looks helplessly on.

How can we heal
The numbness we feel,
That embalms our hearts
and turns them to steel?
For loved ones are crying,
And the trapped pray and kneel,
As the world looks helplessly on.

Can't we see it is wrong
To teach hate in song,
Just to widen our fences,
And pretend we are strong,
When in truth it is to
A sole race we belong,
and the world looks helplessly on.

How can the Lord
Allow this to take place?
All the chaos and malice,
The grievous waste,
Of lives and of hope,
As the victims are traced,
While the world looks helplessly on.

Yet it is not God
Who incites us to kill;
It is greed, hate and envy,
And ugly self-will;
But now over the earth
Looms a dark, fearful chill,
And the world looks helplessly on.

Cindy Robin

Horror Movie of the Week

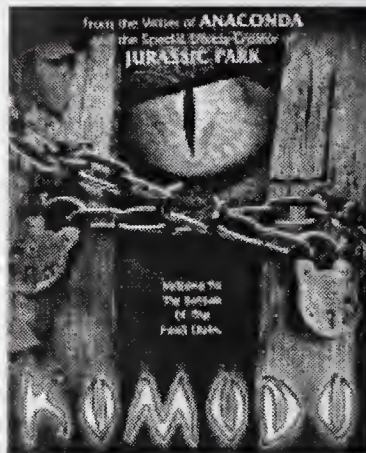
by Hugh Panelas
Staff Writer

This week's selection stays true to person vs. nature. Once again a group of unsuspecting humans find themselves in a race for their lives in the movie Komodo.

Released straight to video in 2000, Komodo is brought to us by the writer of Anaconda and features special effects by the creator of Jurassic Park, then again you can find all of that out simply by picking up the box and reading the cover, on to the good stuff.

Surprisingly this movie has its stars. Featuring the likes of Billy Burke, Kevin Zegers, Paul Gleason and Jill Hennessy, Komodo is actually not a bad movie to sit down and watch. Law and Order viewers will recognize Hennessy as a former district attorney. It's always interesting to see what roles a person gets after leaving an award winning show to do movies, now that is answered, big parts in small movies.

Komodo is a story about a small island that is located just off the Florida coast. The movie opens with your regular family vacationing at their cottage. As night falls all hell breaks loose and only the son is left to



tell the tale, unfortunately he goes a little bit crazy and can't remember why his parents went missing and nothing more than a big pool of blood is left behind. The journey begins as the boy returns to his cottage with his Aunt and psychologist in hopes of getting to the heart of his trauma and also to hopefully find out what has happened to his family, even the dog gets it.

I was pleasantly surprised at what effects were in this movie. The komodo dragons look and sound real, there is a smooth flow to the way they walk around and to the way that they crunch away at any victim that they catch. I was also surprised

at the accuracy at how the dragons kill. If you recall the Crocodile Hunter Steve Erwin taught us all that the dragons have a super bacteria laced saliva that will kill even the biggest of prey in a matter of minutes, this special talent is even featured in this movie.

While being excited by the overall performance of the computer-generated dragons, I was really confused by the size of them. It seems that the film researchers did elaborate just a little as these komodo dragons are about the size of LeBlanc's yellow Volkswagen bug. The whole issue about their size is never even addressed, possibly setting up for Komodo II? One can only hope.

In all honesty Komodo is a great movie. It keeps the tradition with other such movies from this genre, movies such as Anaconda, Lake Placid, Crocodile and any other movie where humans are second best. Once again, I would have to recommend this movie to anyone out there that loves watching animals rip through human flesh.

Next week it's off to the zombie genre with George A. Romero's Dawn of the Dead.

Your Lambda Horoscopes

ARIES - Mar. 21 - Apr. 20

Your erratic behavior will frighten your loved ones. Make plans to spend time as a family. A bicycle ride or a family picnic should be on the agenda. Travel will lead to new friendships and valuable information. You will be able to communicate easily. Members of the opposite sex will be attracted to your loyal, stable nature.

LEO - July 23 - Aug. 22

Small groups will be more appealing than crowded functions. You will be able to initiate creative endeavors that you have been wanting to get into for some time. Your efforts will not go unobserved. You must get into a position that will enable you to present your ideas to those in a position to help you reach your goals.

SAGITTARIUS - Nov. 22 - Dec. 21

You need to expand your circle of friends. Your interest in fashion should direct you out to the shops this week. Go with a friend who will be objective about your purchases. Your creative approach to your work will help you get ahead. Get involved in activities that will bring you into contact with those who can grant you favors.

TAURUS - Apr. 20 - May 20

Don't let anyone take advantage of your kindness. You will be willing to bend over backward. Be sure to delegate some of the work to others. Sudden changes regarding your financial status may be likely. Don't hesitate to help an older member of your family sort out their personal papers.

VIRGO - Aug. 23 - Sept. 22

Love will develop through organizational functions you attend. Use discrimination in your romantic choices. Your talent will be appreciated by others. You will be sensitive about your personal life. Try to be honest with yourself and your lover regarding your intentions. You may need some time to yourself.

CAPRICORN - Dec. 22 - Jan. 19

Don't count on getting any help from family. You are best to get started early if you want to finish the jobs that you set aside for yourself this week. Group activity will be most satisfying. Don't let others talk you out of your hard-earned cash. Put your money into home-improvement projects or long-term investments.

GEMINI - May 21 - June 21

You should be looking into clubs or groups that have a similar philosophy to your own. Get out and enjoy yourself. New friends will do you a world of good. You will be emotional with respect to your mate. Use your passionate energy in a positive manner. You need attention and you won't get it by arguing.

LIBRA - Sept. 23 - Oct. 23

Don't expect your partner to do everything you want. You will be rewarded for your good deeds. Make sure that you don't have ulterior motives. There might be a dilemma if you didn't sort out your personal papers. Problems with authority figures will lead to anxiety and panic. Don't take chances while traveling.

AQUARIUS - Jan. 21 - Feb. 19

Changes at home could lead to problems with loved ones. Make sure that you run your ideas by those you live with before making permanent decisions. Problems with authority figures will lead to anxiety and worry. You are best to concentrate on your work and avoid getting involved in idle chatter.

CANCER - June 22 - July 22

Join in social events and you will meet new potential lovers. Your energetic nature will entice potential mates. Don't let family members rain on your parade. You will have amazing endurance and stamina this week. Get involved in competitive sports. You will experience great satisfaction from your encounters with others.

SCORPIO - Oct. 24 - Nov. 21

Stabilization in relationships can be yours if you're willing to bend a little. Make plans for the future and don't hesitate to tell your mate what your intentions are. You may be on an emotional roller coaster this week. Try to keep things in perspective. Your family may not be too pleased with your decisions.

PISCES - Feb. 19 - Mar. 20

Relatives may not be too sure how to react to your news. Try to be brief and don't allow them time to ask questions. Sorting your problems on your own is a good idea. Your need to spend money may baffle others. Gambling will be a waste of time and money. You'd be wise to lock up your assets.

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Arts & Entertainment

WWF Steps Up

Thursday, September 20, 2001 / jeudi le 20 septembre, 2001

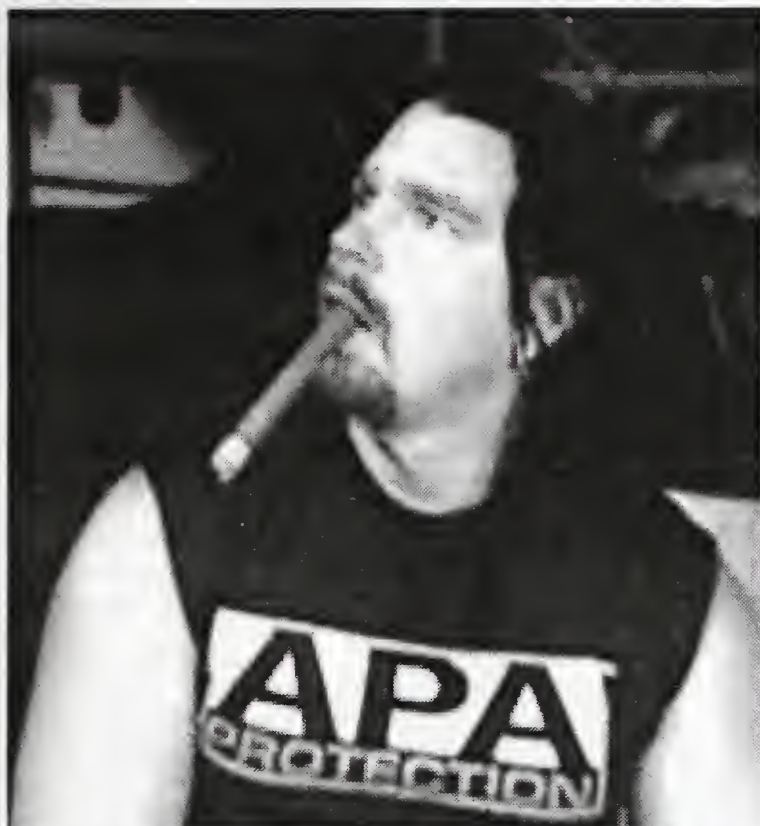
Hugh Panelas
Staff Writer

Despite last weeks horrible tragedy in the U.S.A. the W.W.F. felt that it was the right thing to do to keep the SmackDown tapings on schedule. This past week's SmackDown originates from Texas. The night began with Vince McMahon delivering a speech that lit the fire under all Americans and many of us all over the world. The message of the night was unity, team unity.

The show was taped in similar fashion to how the Owen Hart Tribute show was done. There were few matches and all storylines were put on hold. This wasn't about who is after which title, or who hates who, according to Jim Ross this show was about entertaining the people for a couple of hours in the midst of a terrible week. As the night went on the superstars of the W.W.F. expressed their feelings and opinions about what had happened. Almost everyone expressed their feelings for the victims and their families, Bradshaw had to have the most colorful comments of the night as he stated that the U.S.A. will find the asses of the people that did this and would turn their country into a parking lot. SmackDown will be aired this Saturday in the W.W.F. Excess timeslot so check your listings to see when that is.

Here's a funny story for you all. It seems that Macho Man Randy Savage is making headlines again. Macho has been rumored to be suing former valet Gorgeous George for using that name. Macho claims that the name is his and that she has no right to use it without him being compensated. The best part is Gorgeous George is currently stripping her way across nudie bars in the U.S.A. and making a ton of cash doing so. I guess Macho does need a woman to pay the bills after all.

Is it just me or was RAW incredibly boring this past week. I mean I watched the midnight version and was having a damn hard time staying up. Usually that is no problem for me, but maybe that comes from working all weekend. What I did find funny was how at the last possible second it looked like the Undertaker didn't want to job to Booker T. Did you see how he threw



Bradshaw, Spoke his Mind and Threatened to Make Certain Countries look like 'Parking Lots'

his shoulder off the mat before the ref hit the mat for a third time? The ref paused for a second but then smartly counted three anyways. Taker looked like he was going to kill the ref afterwards. I am really starting to lose respect for the Undertaker fast. I mean here's a guy that is given a second chance with yet another character re-vamp and all he can do now is complain about everything. When the W.W.F. bought out W.C.W. he complained about how the W.C.W. stars never paid him any respect. Then it was how Diamond Dallas Page stopped selling his moves, Taker even went as far as threatening DDP on that one. Now he's tired of jobbing to people. I love the Undertaker but he has to realize that he's on his last tour. Once this ride ends there's no going back. You're an old man now and it's time for the new blood to take your place. Do the right thing and bow out gracefully and stop whining and crying like Bret Hart. Soon you'll be cracking the cardboard too and getting pissed off at acne-faced 16 year olds at Pizza Pizza.

On the "where are they now" front it appears that the W.W.F. is going to make yet another huge mis-

take very soon. Word has it that they are in talks with Kevin Nash and Scott Hall and are looking to bring them both back into the federation. I know that Nash is still under contract, but if what is being reported has any weight behind it Nash will be accepting a buy-out very soon. Other rumors have the two re-uniting and resurfacing in New Japan Wrestling and then making their way back to the W.W.F. sometime in early 2002. Mistake, oh hell yeah. Nothing like having an egotistical, self-centered jackass and an alcoholic wrestler in your camp.

Finally it seems that Ohio Valley Wrestling will be getting a few W.W.F. stars to join their roster. D'Lo, Joey Abs, Bull Buchanan and Sean O'Haire will all be reporting for duty as early as next week. It looks like they will each be joining their respected sides as the invasion is in full swing on all levels. It's funny how O'Haire goes from being a tag team champion to O.V.W. in not more than two months. The W.W.F. feels that he has no character and no personality and that's why he is being sent down to the minors. They feel he has to learn the basics. That's all for this week.

Huge's Movie Nitpicking

by Hugh Panelas
Staff Writer

It's that time again and after a summer full of blockbuster flops and crappy movies I figured why not go with a movie that seemed to disappoint almost everyone I have talked to, Pearl Harbor. Personally I feel that this movie made a big deal about that stupid love triangle and not enough about the actual events of Pearl Harbor. Here we go:

1. The calendar on the Japanese ship is written in Japanese except for the days of the week and the numbers. Why is that? Does there really need to be English on a Japanese calendar? I don't think so.
2. Ben Affleck drinks a beer in England from a glass that wasn't in existence until the late 1980's.
3. As the nurses pass the ships when they are first stationed at Pearl Harbor you can see one ship marked USS Missouri. Too bad that ship wasn't launched until 1944 and never would have been there.
4. Here's a confusing one for you. Rafe's plane crashes for what seems to be 5 minutes or so away from Britain. He gets picked up and brought to France, is treated and then let go. The Nazi's occupied France at that time. Do you really think the Nazi's would have helped and then released one of the enemies? No, I don't think so.
5. Throughout the movie we see such things as jeeps, 6x6 trucks, m-43's and m-37's. All of this equipment is too new for 1941.
6. During the Pearl Harbor scenes you can see a ship with a hull number of 1062. Hull numbers never got that high during World War II.
7. During the Doolittle raid the sun is up in both Japan and the U.S.A. Funny, in school they taught me that when the west is light the east is dark and vice versa.
8. The movie opens at Mitchell Field in Long Island, NY. It's January 1941 and for some reason it is warm and sunny looking.
9. Another problem with the whole Mitchell Field base is that there are no mountains in that area yet in many shots we see the base is surrounded by mountains.
10. Just before the Japanese Zero crashes into the radio tower at the training field you can see a large movie camera pod on the rear fuselage.

These and many other nitpicks can be found at www.nitpickers.com



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Adema

This is rock the way it should be played; loud and hard! The more I listen to this the more I get flashbacks of that night on CKLU five years ago that got me banned for life and turned into Campus Radio Enemy #1.

Adema is pretty new on the scene, but with a kick ass first single like *Giving In* you know they will be around for a long time. There are no meaningful ballads that usually end up wrecking a good rock album. All this album has is pure, 100% metal that will make you want to wear your pants a little tighter (Jimmy...) and your clothes a little blacker. Adema's sound is a mix of the new rock like *Limp Bizkit* and *Marilyn Manson* with the old masters like *Metallica* and *Megadeth*.

The album features 12 tracks that will turn anyone into a metalhead. Tracks like *Freaking Out*, *Blow it Away* and *Drowning* will leave you wanting so much more from this band. If you want something harder than the usual groups today, Adema is the band for you. Check it out!

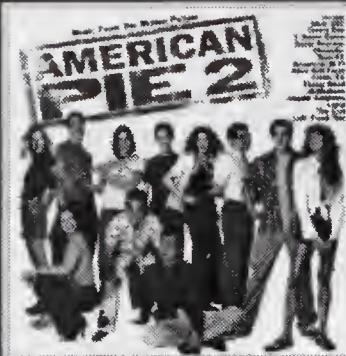


Alicia Keys - Songs in A Minor

You just have to hear this album to understand just how talented Alicia Keys is. This album brings together so many great musical styles that you get hooked immediately.

Songs in A Minor could be categorized as a Hip-Hop, R&B, Blues, Jazz album with a twist. Alicia has the talent to perform on the piano better than anyone today and she uses the piano as one of the central sounds in her music, putting the bass beat second to a truly classical instrument. It is the piano along with her classical jazz vocals that create a hypnotic sound that draws you in. Her first single *Fallin'* is just the tip of the iceberg when it comes to the talent of Alicia Keys.

The album is comprised of R&B slow-jams along with blues-style and jazz tipped tracks that place her a step above the rest. The beat never speeds up to dance club style, but it is very relaxing and easy to listen to at any time. Alicia Keys is a musician that understands music as a whole, not just a single style. This album is a must have.



American Pie 2

Now the movie was good, but the soundtrack seemed to leave a strange taste in my mouth (damn flavorless CDs). I listened to the soundtrack a few times then it finally hit me... all the bands on this album were in the movie, but these are not the same songs. Sure, a few of the songs were in the movie, but most are just alternate tracks that have nothing to do with the movie.

The soundtrack has a very impressive line up including *Blink 182*, *Green Day*, *American Hi-Fi*, *Uncle Cracker*, *3 Doors Down*, *Alien Ant Farm*, *Sum 41*, *Fenix-Tx* and more. I guess they expect people to buy this album on band recognition, but all it really is is a bunch of B-Sides from bands that had good tunes in the movie.

The soundtrack isn't that bad of a buy. There is some real talent on the album and alternative punk freaks will love it, but don't buy it because it's a soundtrack... buy it as a good compilation of not-bad alterna-punk tracks that will be beaten to death on the radio at some point in the near future.



Toya

I don't know what to think of this album. Toya has talent but she seems to be in a rut already. Sure she's a brand new artist on the scene, but she seems to think she's *Destiny's Child* rolled into one person (kind of like a certain member of DC). The album seems a little too ripped off for my taste.

The album features 15 tracks including the very Mariah-like *No Matter What (Party All Night)* and the *Destiny's Child* reject *I Do* and *I Do Pt. 2* featuring *Murphy Lee* of *St. Lunatics*. What is interesting is that most of the tracks start out with a very rock-style drum beat that is quickly taken over by the typical bass beat of the rap/R&B style. It's almost like she has a small part of a rocker inside of her that is trying to escape through the *DC Poser* style.

This album is just typical. There is nothing that makes it stand out above others other than that the album is a bright orange and yellow, catching the attention of small children and anyone craving an orange. Toya has talent, but she has to work on it before she really breaks out.



Blu Cantrell - So Blu

All of a sudden, Blu Cantrell has appeared on the hip-hop/R&B scene with a fresh new sound that is more up-beat and listener friendly than the current queen's off the hill like *Mary J* and *Mariah*. Blu Cantrell's style is a very modern mix of classic R&B and hip hop with some pop and even big band/swing influences.

The first single released is everywhere and all the women of the world who have been done wrong are ready to *Hit 'Em Up Style*, but this track actually pales in comparison to the slow groove of *Till I'm Gone*, the swing/jive style on *Swingin'* and the retro R&B sound of *U Must B Crazy* and *The One*. This album stands out as a very well crafted and performed album that is far superior to many other albums on the market today.

True R&B fans who want some classic slow grooves along with fun, up-beat tracks this is the album for you. *So Blu* is so much more than I ever expected and you will not be disappointed!



Joydrop - Vibrate

There is just something I like about a rock band with a female lead singer who has the power to pull it off. I don't know why but I love the sound of powerful rock and an even more powerful female voice. I always had a thing for the Canadian group *Scratching Post*, and *Joydrop* comes in a close second.

Vibrate is a good album, but the band seems to have mellowed a little. You can tell they want to rock out on most tracks, but for some reason when the song is hitting the chorus, they mellow out to an alterna-pop style. The first single, *Sometimes Wanna Die*, is pretty good, but doesn't showcase what the band can really do. Tracks like *American Dreamgirl* and *Vibrate* stand out as powerful tracks along with *Embrace*, a very interesting ethereal style ballad that kills anything the 80's hair bands could produce today.

Joydrop isn't for everyone, but it has enough of the alternative and hard rock feel to it that if you like the female rocker sound you will like the album. *Joydrop* is a great band that should get a lot more attention than they do.

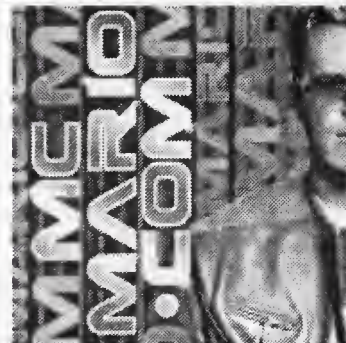


Jay and Silent Bob Strike Back

As you would probably expect I am going to try and convince more people over to the side of the followers of *Kevin Smith*. If you don't know who Kevin Smith is... well, he's probably the most talented writer/director in Hollywood today... and of course *Silent Bob*.

Jay and Silent Bob Strike Back is the latest and final chapter in the saga of Jay and Silent Bob (*Clerks*, *Mallrats*, *Chasing Amy*, *Dogma*) and of all the soundtracks this is the best. The soundtrack features a strange mix including *Magic Carpet Ride*, *Bad Medicine*, *Because I Got High* and the classic by *Morris Day and the Time Jungle Love*. Also included on the album are groups like *Bloodhound Gang*, *Run DMC* and the kick ass track *Kick Some Ass by Stroke 9* along with clips of Jay and others from the movie between each track.

This soundtrack is a must for fans of the movie, but much of the talking and choice of songs will be lost on the uneducated or people who have not seen the movie... *Snoogans!!!!*

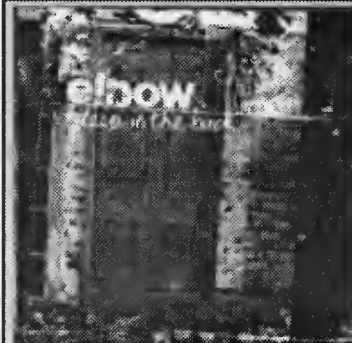


MCMario.Com

Club kids, get your glow sticks and pay \$15 for a water because the king of remixes is back again with a bunch of songs most people have never heard of, remixed so even those who have heard the songs won't recognize them.

The album is good, but it is your typical MC Mario album that never ends and every song seems to blend into one long night in rave hell. There are actually a few tracks by groups that have hit the edge of mainstream like *DaRude*, *Public Domain*, *Black Legend*, *Destiny's Child* and *Madison Avenue*, but the rest are just strange names like *Fused*, *Caater*, *Sylver*, *Voodoo & Serano*, *Safri Duo* and others.

The album is just another seventy minute rave on one disc. Not a bad buy, but there are other albums out there that are much more inventive and new. The only person I recommend this to is any DJ who needs an album that will play on and on while they run to the bathroom before all that sprite and beer explodes out their gut. Either that or anyone who has the guts to bring a glow stick to The Pub on a Thursday night.



Elbow

- Asleep in the Back

As I listen to this album there is something strange that I have had a hard time putting my finger on. At first I thought it was something missing, but then after a few tracks it dawned on me... the entire album is comprised of music and sounds that just don't work.

Elbow is a strange band that can only be described as a creepy, alternative band who sounds like they would be on a horror movie soundtrack, except for one thing... the lead singer sounds like *Dave Matthews* on a bad day. The guitar work isn't too bad, and the beat the songs keep is a little slower and melodic, but the extras like the pianos and chimes and bells take the listener's attention away from the lyrics.

Asleep at the Back is what I am going to be if I listen to anymore of this crap. Avoid this one!

From the Vault



The Forgotten Rebels

This weeks dusted off not-so-classic album is the 1997 re-release of some of the best of the Hamilton, Ontario anti-establishment punk group *The Forgotten Rebels*. Now you have to take this album as a joke because this group thinks they are the *Sex Pistols* so much they even sing with a punk rock British accent. Their lead singer even changed his name to *Mickey De Sadist* (a Canadian rip off of *Sid Vicious*).

Some of the tracks are a little dated, but funny if you listen to them now. The 19 tracks on the album were all recorded between the years of 1978 and 1980 and reflect the times they were recorded in. Tracks like *New Wave Girl*, *Reich 'N Roll* and *This Ain't Hollywood* are typical classic punk while *Surfin' On Heroin*, *Bomb The Boat* and *Fuck Me Dead* are somewhat politically incorrect, but funny as hell.

The band found some fame opening for *The Ramones* and pissing off *Pierre Trudeau* on the campaign trail, but aren't remembered that well today. These guys could be remembered as one of the first real Canadian punk bands. Check them out if you can find them.

COMICS

DownUnder RoadTrip

BY MAT THOMPSON



AndyGap.com

by Andy & Gap



The Adventures of Psycho the Dog



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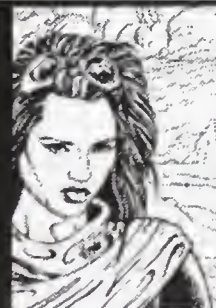
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